

## Loreto Secondary School Clonmel

Coleville Road, Clonmel, Co. Tipperary

Friday 5<sup>th</sup> February 2021

Dear Parents/Guardians and Students,

We have reached the end of our first week in February and we want to thank our staff and students for their sustained focus and commitment to remote teaching and learning and thanks also to parents/guardians for their continued support.

In school the classrooms and corridors are quiet. Our buildings miss the presence and energy of staff and students. We all hope to be able to return when the government and the education stakeholders have agreed it is safe for us to do so.

#### **Upcoming Events on the School Claendar**

#### • Parent Teacher Meeting Information

Extended reports, in lieu of Parent Teacher meetings, will be available on VSware on the dates noted below. A text message will be sent to you when the reports are available.

Year Group	Extended Report available:
1 <sup>st</sup> Years	Friday 26 <sup>th</sup> February 2021
2 <sup>nd</sup> years	Friday 5 <sup>th</sup> March 2021
5 <sup>th</sup> Years	Friday 19 <sup>th</sup> March 2021 (subject to change if we return to school)

#### Wellbeing Walk Wednesday 10<sup>th</sup> February 2021

Following feedback from staff, students and parents/guardians our Wellbeing Walk this week proved to be very timely, so we are including another Wellbeing Walk next Wednesday 10<sup>th</sup> February

This means that there will be **no classes** for **Period 7** and **Period 8** on Wednesday. Instead, we are asking that everyone, *no matter what the weather*, gets out for a walk during the afternoon.

To make this work we are changing Period 6 and lunch time for all as follows for Wednesday only:

All year groups period 6:	12:30pm to 1:10pm
All year groups school ends:	1:10pm

#### • Midterm Break Monday 15th February 2021 to Friday 19th February inclusive

We remind you all that our calendar continues as normal and we are sure that you are all looking forward to a restful week off. Keep an eye on our social media for some activities during that week!

#### • Junior Cycle Cluster Day Monday 22<sup>nd</sup> February 2021

All Clonmel Schools are closed on Monday 22<sup>nd</sup> February 2021 for Junior Cycle Cluster Training Day. So there will be no school that day for students, while our staff are involved in this training day.

#### #Loreto 14-14-14 Challenge

Congratulations to all in our extended Loreto Clonmel Community on reaching (and in fact exceeding) our goal of 14,000km to celebrate 14 decades of Loreto in Clonmel before the end of the 14 days. We still have 2 more days so we encourage you to get out walking in the fresh air and at the same time support our #Loreto 14-14-14 by recording your walks on Strava – get your family and friends to join you also as we see how far past our goal of 14,000km we can reach!

Wishing you a restful weekend.

Stay safe,

Anne Mc Grath, Principal

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Larah Rice

Sarah Rice, Deputy Principal



# Loreto 14-14-14





## STEP 1 - Set up Strava



- Go to the App Store. Download the straya app to your device. Open the app. Click sign up by email.
- Using your student email Input all your details: Name, Date of Birth (this is to verify you are 13+), if you are not 13+ please send Ms. Keating or Ms. Shelly a message and they will help you.
- 'Can we contact you' This will pop up on the screen, you can either click 'yes' or 'no' whether you
  want to receive advertisements or not.
- Annual Subscription This app is free so you can skip this part by clicking 'skip' in the top right hand corner.
- 'Let's go or Later' Click 'Later'
- Location They will ask for your permission to use your location Click 'only when using the app' (This
  means strava will
- only have access to your location when you are using the app to log your walk/run/cycle.
- When you are on your 'Feed', you will see 'Clubs' in the top right hand corner. Click on this option.
- Search for 'Loreto Clonmel 14-14-14'
- Click 'Join Club' If you are already a member of Strava or cannot find the club please use the following link https://www.strava.com/clubs/830574
- You are now a member of the Team Challenge.

## STEP 2 - Walk/Run/Cycle

- Get yourself ready for your walk/run/cycle.
- Go onto your Strava app and Click 'RECORD'.
- Make sure your activity type is set to 'Run' even if you are walking or cycling to ensure your Kilometers count.
- Click 'START'
- Engage in your Physical Activity
- When finished click 'STOP' and your Kilometers will automatically add to the School's distance.



### STEP 3 - Social Media

As we are marking a very special occasion we would love if you would share your picture of you on your walk/run/cycle on social media.

- Post your picture to your instagram story.
- Tag @loretoclonmel
- Include the hashtags #lovelaughterlearning #togetherapart

