



# Loreto Secondary School Clonmel

Coleville Road, Clonmel, Co. Tipperary

10<sup>th</sup> April 2020

Dear Parents/Guardians,

I am sure that at this stage you have heard today's announcements by An Taoiseach and the Minister for Education and Skills.

**At this moment we have no further information than is given in this government [briefing](#).**

Please be assured that we will keep you updated with further details as soon as they are available to schools.

It's uncharted territory for everyone but "*ní neart go cur le chéile*" as the seanfhocal goes (there is no strength without unity)!

Please keep doing your bit to flatten the curve.  
Happy Easter to you and your family.

Yours faithfully,

Anne Mc Grath,  
Principal

## Easter Prayer



*We pray for all in our school, the extended Loreto community, our family and friends: that we may share the joy and hope of Easter by reaching out with love to all.*

Julian (or Juliana) of Norwich in the book *Revelations of Devine Love*:

"All shall be well, and all shall be well, and all manner of thing shall be well."

[#prayfortheworld](#)

## HSE Posters

# Coronavirus COVID-19



Coronavirus  
COVID-19  
Public Health  
Advice

**Everyone stay at home.**  
Everyone has the power to **Stop COVID-19.**

**Stay at home in all circumstances, EXCEPT:**

- > Travel to and from work where your work is an essential service. [See gov.ie](http://gov.ie)
- > To shop for essential food and household goods
- > To attend medical appointments and collect medicines
- > For vital family reasons including caring for children, older or vulnerable people or someone who is cocooning but excluding social family visits
- > To take exercise within 2km of your home. You may include children from your household but **MUST** adhere to 2m physical distancing from other people.

Cocooning has been introduced for those over 70 years and those who are extremely medically vulnerable to COVID-19. You can find out more about this on [hse.ie](http://hse.ie).

Remember, you cannot arrange a gathering with anybody you do not live with.

If you have symptoms, self-isolate to protect others and phone your GP.

For information and advice visit [hse.ie](http://hse.ie) or phone HSE Live **1850 24 1850**

**How to Prevent**



**Stop**  
shaking hands or hugging when saying hello or greeting other people



**Distance**  
yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell



**Wash**  
your hands well and often to avoid contamination



**Cover**  
your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue



**Avoid**  
touching eyes, nose, or mouth with unwashed hands



**Clean**  
and disinfect frequently touched objects and surfaces

**Symptoms**

> Fever (High Temperature) > A Cough > Shortness of Breath > Breathing Difficulties

**For Daily Updates Visit**  
[www.gov.ie/health-covid-19](http://www.gov.ie/health-covid-19)  
[www.hse.ie](http://www.hse.ie)

Ireland is operating a 'lockdown' strategy in line with WHO and ECDC advice



Rialtas na hÉireann  
Government of Ireland

# Coronavirus COVID-19



Coronavirus  
COVID-19  
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Advice

## Social Distancing Outside

Spending time outdoors is good for our health.  
**But social responsibility is essential for ALL our health.**



**Avoid**  
close contact with others



**Distance**  
yourself at least 2 metres (6 feet) away from other people



**Small group**  
sizes should be kept to a minimum



**Don't arrange**  
to meet up with other groups



**Avoid**  
an area if it looks very busy and go somewhere else for your walk

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