



# Loreto Secondary School Clonmel

Coleville Road, Clonmel, Co. Tipperary

Thursday 1<sup>st</sup> October 2020

## Dear Parents/Guardians,

We are delighted to have everyone back in school where the sense of purpose and of **Love, Laughter and Learning** is restored. We are listening to our staff and students and working together to both maintain routines and create new routines that keep everyone safe.

## Uniform

We are very happy with the level of cooperation that students have shown with wearing the normal uniform or the PE uniform and not “mixing and matching” between the two separate uniforms and not substituting leggings for the tracksuit end. This trial will continue next week as a result.

## Social Distancing

We would like to ask parents/guardians to discuss the importance of 2m social distancing with their children. This is what is expected of students during break time and lunch time (whether inside or outside).

## Additional Activities

**Cooperation by our students with all current school routines, including the 2m social distancing at break time and lunch time, will be the determining factor for any new activities to be added to the school day. So, each student has personal responsibility for its success.**

## Afternoon Study

Our 6<sup>th</sup> Years have cooperated very well with all routines put in place to date to ensure the safety of all in the community. As a result, we have already informed 6<sup>th</sup> years and their parents/guardians that from next Monday 5<sup>th</sup> October we are trialling Afternoon Study with 6<sup>th</sup> years.

Once we have a **brief trial period completed** and depending on the level of cooperation from other year groups regarding 2m social distancing at break time and lunch time, we may extend this trial for other year groups. *This will also depend on the availability of supervisors, as study centres have smaller numbers this year.* We hope to let parents/guardians know more about this by the end of next week.

Thank you to all our students and their families for their continued support as we settle in to our “*new normal*”.

Yours faithfully,

Anne Mc Grath,  
Principal

Sarah Rice,  
Deputy Principal

## HSE Advice

Lots of additional advice is available at this [link](#)

Coronavirus  
COVID-19  
Public Health  
Advice

2m  
(6 feet)

Please Ensure  
Social Distancing

HSE Rialtas na hÉireann  
Government of Ireland

Protect yourself and others  
from getting sick

**Wash your hands**

- after coughing or sneezing
- when caring for the sick
- before and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after touching cuts, blisters or any open sores
- you can use alcohol hand rub, if hands are not visibly dirty

RESIST [www.hse.ie/handhygiene](http://www.hse.ie/handhygiene)

How to use  
Face Coverings

ALWAYS CLEAN YOUR HANDS BEFORE AND AFTER WEARING A FACE COVERING

**Correct Covering**

Medical masks should be reserved for health workers or patients in treatment. If you have been advised to wear a medical mask, always have the secured side facing and the metal band at the top of your nose.

**Check Your Fit**

Check that the face covering is made from a fabric that you are comfortable wearing. Check that it is easy to fit and completely covers your nose and mouth. If there are straps, tie them tight. If there are ties, tie them behind your head. Do not touch or adjust while the face covering when it is on.

**DO NOT:** Wear the face covering below your nose. **DO NOT:** Leave your eyes exposed. **DO NOT:** Wear it loosely with gaps on the sides. **DO NOT:** Wear it so it covers just the top of your nose. **DO NOT:** Push under your chin. **DO NOT:** Touch under your chin.

**FOLLOW THESE TIPS TO STAY SAFE:**

**ALWAYS:** Wash your hands before and after touching the mask and after removing it. **ALWAYS:** Avoid touching the mask. **ALWAYS:** Carry a second mask. Don't take a reusable mask to work unless you can clean it. **ALWAYS:** Change it if it is wet or soiled. **ALWAYS:** Avoid touching the mask. **ALWAYS:** Avoid touching your face. **ALWAYS:** Avoid touching your eyes, nose or mouth. **ALWAYS:** Avoid touching other people.

**Safe Removal**

When you take it off, avoid touching the face covering. Do not touch the face covering. Do not touch the mask when you take it off.

**Disposing Of Single-Use Mask**

Always dispose of single-use masks responsibly in a bin. Don't forget to clean your hands and face after disposal.

Stay safe. Protect each other.

Coronavirus  
COVID-19

Help prevent coronavirus

- Wash your hands
- Cover mouth if coughing or sneezing
- Avoid touching your face
- Keep surfaces clean
- Stop shaking hands and hugging
- Keep a safe distance

The virus spreads in sneeze and cough droplets, so regularly taking the above measures helps reduce the chance of it spreading.

Visit [HSE.ie](http://HSE.ie)  
For updated factual information and advice  
Or call 1850 24 1850

Protection from coronavirus.  
It's in our hands.