

January 2019

Dear Parent/ Guardian,

Relationships and Sexuality Education (RSE) is an important element of a holistic education. RSE is a lifelong process of acquiring knowledge and understanding and of developing attitudes, beliefs and values about sexual identity, relationships and intimacy. In school it is an integral part of general education that seeks to promote the overall development of the person.

We will be covering RSE at Junior and Senior Cycle during SPHE class in Term 2. RSE will be taught in accordance with Department of Education and Skills guidelines. Please refer to www.sphe.ie for further details.

Parents are the primary educators of the child and we encourage you as a parent/guardian to take time to discuss this topic with your daughter. Parents should also realise that it is possible for your daughter to opt out of this module, however we would discourage this. If you do wish to opt out of this module, please put this in writing to the principal.

Yours sincerely,

Ms. A. Mc Grath, Principal.