



LORETO SECONDARY SCHOOL, CLONMEL

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Dear Parent/ Guardian,

Relationships and Sexuality Education (RSE) is an on-going process throughout life. A student's first experience of love, of intimacy and of relationships takes place in the family. Parents/Guardians and the family are acknowledged as the primary educators of their children. We work in a supportive role with parents/guardians, by complementing their role with a school-based programme in RSE.

Relationships and Sexuality Education (RSE) is an important element of a holistic education. We are very aware of the importance and sensitivity of teaching the RSE programme to our students and we thank you for your ongoing support in ensuring your daughter will have received a balanced education here in Loreto which will prepare them not only for third level, but for life.

We will be covering RSE at Junior and Senior Cycle during SPHE class in Term 2 and/or Term 3. RSE will be taught in accordance with Department of Education and Skills guidelines.

Please read through our RSE policy which is available on the school website and do not hesitate to contact the Deputy Principal should you have any queries or comments.

We encourage you to discuss the RSE topic with your daughter. there are many publications that you can use to support your discussion with your daughter. If you go to HSE Health Promotion website: <https://www.healthpromotion.ie/publication/fullListing?category=Sexual Health> you will find many suitable publications including:

- *Busy Bodies adolescent development booklet*
- *Advice for Mams and Dads, Tips for Talking to Older Teenagers about Relationships and Sex.*

The website <https://b4udecide.ie/> also contains a wealth of knowledge for parents/guardians and students.

Yours sincerely,

Ms. A. Mc Grath, Principal